



Neurologic Music Therapy (NMT®)

DrumHeart provides Neurologic Music Therapy (NMT®) services designed to complement interdisciplinary rehabilitation programs. NMT is an evidence-based clinical system that uses rhythm and music to address motor, speech/language, and cognitive impairments resulting from neurologic injury or disease.

Clinical Focus Areas

- Gait and motor rehabilitation
- Speech and language recovery
- Cognitive rehabilitation (attention, memory, executive function)
- Neurologic conditions including stroke, Parkinson's disease, TBI, MS, dementia, and developmental disorders

Clinical Standards

All interventions are delivered by a board-certified music therapist (MT-BC) with advanced training in Neurologic Music Therapy through the Academy of Neurologic Music Therapy®. NMT is supported by decades of international research, published clinical manuals, and ongoing professional training.

Care Philosophy

Music and rhythm serve as structured neurological stimuli—supporting timing, coordination, and functional organization of movement, speech, and cognition. DrumHeart integrates this scientific framework with a grounded, human-centered rhythm philosophy to support regulation, engagement, and recovery.

Contact Information

Michael Kenny, MMT, MT-BC, NMT
Email: michael@drumheart.org
Phone: 214-912-5700
Website: www.drumheart.org